

Laura J. Dixon, Ph.D.

Curriculum Vitae

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CURRENT POSITIONS

- 2022 – present** **Associate Professor**, Department of Psychology
University of Mississippi, University, MS
- 2016 – 2022** **Assistant Professor**, Department of Psychology
University of Mississippi, University, MS
- 2016 – present** **Director**, Health and Anxiety Research and Treatment (HART) Lab
University of Mississippi, University, MS
- 2016 – present** **Scientist-Educator** (Affiliate Position), Department of Dermatology
University of Mississippi Medical Center, Jackson, MS

PROFESSIONAL LICENSURE

- 2017 – present** **Licensed Psychologist**, Mississippi Psychology Board, #57 1002

EDUCATION

- 2014 – 2016** **Postdoctoral Fellowship in Psychology**
Department of Psychiatry & Human Behavior, University of
Mississippi Medical Center
Advisors: Andres G. Viana, Ph.D.; Matthew T. Tull, Ph.D.
- 2013 – 2014** **Predocctoral Psychology Residency/Internship**
UMMC and G.V. (Sonny) Montgomery VA Medical Center
Consortium, Jackson, MS
Research Preceptor: Andres G. Viana, Ph.D.
- 2014** **Doctor of Philosophy, Clinical Psychology**
University of Wyoming, Laramie, WY
Dissertation: *Evaluation of interoceptive exposure exercises for
social anxiety* (Chair: Brett J. Deacon, Ph.D.).
- 2010** **Master of Science, Psychology**
University of Wyoming, Laramie, WY
Thesis: *Does anxiety sensitivity cause panic symptoms? An
experimental investigation* (Chair: Brett J. Deacon, Ph.D.).
- 2008** **Bachelor of Arts, Psychology, Cum Laude**
University of Arkansas, Fayetteville, AR

Honors Thesis: *Alcohol use and coping-related alcohol use motives among trauma-exposed adolescents: The role of negative affect intensity* (Chair: Ellen W. Leen-Feldner, Ph.D.).

PEER-REVIEWED PUBLICATIONS

*graduate student author; +undergraduate student author

50. **Dixon, L.J.**, *Schadegg, M.J., *Clark, H.L., *Sevier, C. J., & *Witcraft, S. M. (*accepted*, 2024). Prevalence, phenomenology, and impact of misophonia in a nationally representative sample of U.S. adults. *Journal of Psychopathology and Clinical Science* (formerly *Journal of Abnormal Psychology*).
49. Smits, J. A. J., Abramowitz, J. S., Arch, J. J., Margraf, J., Papini, S., Anderson, R., **Dixon, L. J.**, Graham, B. M., Hoyer, J., Huppert, J. D., Jacquart, J., Johnson, D., McEvoy, P. M., McKay, D., Newby, J., Otto, M. W., Pittig, A., Rief, W., Rosenfield, D., Timpano, K. R., & Wannemuller, A. (*in press*, 2024). Improving exposure therapy: Rationale and design of an international consortium. *Psychiatric Clinics of North America*.
48. *Schadegg, M. J., **Dixon, L. J.**, & Lee, A. A. (*accepted*, 2024). Chronic pulmonary diseases: The role of emotion regulation on smoking behavior. *Psychiatric Quarterly*.
47. *Clark, H., **Dixon, L.J.**, Leukel, P.J., & Lee, A.A., (2023). Validation of the Short Scale Anxiety Sensitivity Index among adults with asthma and COPD. *Journal of Clinical Psychology in Medical Settings*. DOI: [10.1007/s10880-023-09976-y](https://doi.org/10.1007/s10880-023-09976-y)
46. *Witcraft, S. M., *Perry, M. M., Viana, A. G., Tull, M. T., & **Dixon, L. J.** (2023). A preliminary investigation of prenatal anxiety sensitivity and postpartum distress. *Journal of Midwifery & Women's Health*. DOI: [10.1111/jmwh.13529](https://doi.org/10.1111/jmwh.13529)
45. **Dixon, L. J.**, *Schadegg, M. J., *Clark, H. M., & *Perry, M. M. (2023). Evaluating public awareness of misophonia in U.S. adults: A population-based study. *Current Psychology*, 42, 32417-32426. DOI: [10.1007/s12144-022-04180-x](https://doi.org/10.1007/s12144-022-04180-x)
44. *Paylacic, J., *Witcraft, S. M., **Dixon, L. J.**, Buchanan, E. M., & Schulenberg, S. E. (2022). Daily changes in state emotion regulation abilities predict positive and negative affect. *Journal of Contextual Behavioral Science*, 26, 63-68. DOI: [10.1016/j.jcbs.2022.08.006](https://doi.org/10.1016/j.jcbs.2022.08.006)
43. Araj, S., Griffin, A., Kassahun-Yimer, W., **Dixon, L.**, Spencer, S. K., Belk, S., Ohaegbulam, G., & Wallace, K. (2022). No association between perinatal mood disorders and hypertensive pregnancies. *Frontiers in Psychiatry*, 13:898003. DOI: [10.3389/fpsy.2022.898003](https://doi.org/10.3389/fpsy.2022.898003)
42. Swedo, S., Baguley, D. M., Denys, D., **Dixon, L.J.**, Erfanian, M., Fioretti, A., Jastreboff, P. J., Kumar, S., Rosenthal, M. Z., Rouw, R., Schiller, D., Simner, J., Storch, E. A., Taylor, S., Vander Werff, K. R., & Raver, S. M. (2022). A consensus definition of misophonia: Using a Delphi process to reach expert agreement. *Frontiers in Neuroscience*, 16. DOI: [10.3389/fnins.2022.841816](https://doi.org/10.3389/fnins.2022.841816)
41. **Dixon, L. J.**, *Witcraft, S. M., & *Schadegg, M. J. (2021). COVID-19 anxiety and mental health among university students during the early phases of the U.S. pandemic. *Journal of American College Health*. DOI: [10.1080/07448481.2021.1923504](https://doi.org/10.1080/07448481.2021.1923504)
40. *Schadegg, M. J., *Clark, H. L., & **Dixon, L. J.** (2021). Evaluating anxiety sensitivity as a moderator of misophonia and dimensions of aggression. *Journal*

- of Obsessive-Compulsive and Related Disorders*, 30, 100657. DOI: [10.1016/j.jocrd.2021.100657](https://doi.org/10.1016/j.jocrd.2021.100657)
39. *Boullion, G. Q., *Witcraft, S. M., *Schadegg, M. J., *Perry, M. P., & **Dixon, L. J.** (2021). Emotion regulation difficulties and depression among individuals with dermatological and body dysmorphic concerns. *Journal of Nervous and Mental Disease*, 209, 650-655. DOI: [10.1097/NMD.0000000000001355](https://doi.org/10.1097/NMD.0000000000001355)
 38. *Witcraft, S. M., **Dixon, L. J.**, Leukel, P., & Lee, A. A. (2021). Anxiety sensitivity and respiratory disease outcomes among individuals with chronic obstructive pulmonary disease. *General Hospital Psychiatry*, 69, 1-6. DOI: [10.1016/j.genhosppsych.2020.12.004](https://doi.org/10.1016/j.genhosppsych.2020.12.004)
 37. Araj, S., Griffin, A., **Dixon, L.**, Spencer, S., Peavie, C., & Wallace, K. (2020). An overview of maternal anxiety during pregnancy and the post-partum period. *Journal of Mental Health and Clinical Psychology*, 4, 47-56.
 36. +Ellison, L. E., *Witcraft, S. M., & **Dixon, L. J.** (2020). Anxiety sensitivity and social anxiety in adults with psychodermatological symptoms. *Archives of Dermatological Research*, 313, 531–537. DOI: [10.1007/s00403-020-02130-w](https://doi.org/10.1007/s00403-020-02130-w)
 35. *Witcraft, S. M., Wickenhauser, M. E., Maack, D. J., & **Dixon, L. J.** (2020). What sensitivities matter in dental anxiety? Investigating sensitivity to anxiety, pain, and disgust. *Psychology, Health, and Medicine*, 26, 313-321. DOI: [10.1080/13548506.2020.1781911](https://doi.org/10.1080/13548506.2020.1781911)
 34. *Pavlicic, J. M, **Dixon, L. J.**, Schulenberg, S. E., & Buchanan, E. M. (2020). Examining daily-level associations between alcohol use and next-day valued behavior. *Journal of American College Health* 70, 963-967. DOI: [10.1080/07448481.2020.1785473](https://doi.org/10.1080/07448481.2020.1785473)
 33. Buhk, A. H., *Schadegg, M. J., **Dixon, L. J.**, & Tull, M. T. (2020). Investigating the role of negative and positive emotional avoidance in the relation between generalized anxiety disorder and depression symptom severity. *Journal of Contextual Behavioral Science*, 16, 103 – 108. DOI: [10.1016/j.jcbs.2020.03.006](https://doi.org/10.1016/j.jcbs.2020.03.006)
 32. **Dixon, L. J.**, & Snorrason, I. (2019). Prevalence and clinical characteristics of skin picking among adults with skin disease symptoms. *Journal of Obsessive-Compulsive and Related Disorders*, 22, 1000454. DOI: [10.1016/j.jocrd.2019.100454](https://doi.org/10.1016/j.jocrd.2019.100454)
 31. *Witcraft, S. M., Smith, C. V., Pollard, M. A., & **Dixon, L. J.** (2019). Is Greek affiliation a prescription for drug abuse? Examining misuse of prescription stimulants and downers in high school and college. *Journal of American College Health*, 18, 1-5. DOI: [10.1080/07448481.2019.1623803](https://doi.org/10.1080/07448481.2019.1623803)
 30. **Dixon, L. J.**, Cohen, R. T., Baer, M. M., Gratz, K. L., & Tull, M. T. (2019). Relations of anxiety sensitivity dimensions to nonsuicidal self-injury frequency and versatility among patients with substance use disorders. *Journal of Clinical Psychology*, 75, 1613-1625. DOI: [10.1002/jclp.22784](https://doi.org/10.1002/jclp.22784)
 29. Tull, M. T., Rosenblatt, C. B., Berghoff, C. R., **Dixon, L. J.**, Ciarloni, E., Montgomery, D. D., Wheelless, L. E., & Marshall, G. D. (2019). An uncontrolled open trial of a brief behavioral activation treatment for depression in patients with chronic spontaneous urticaria. *Behaviour Change*, 36, 75-83. DOI: [10.1017/bec.2019.5](https://doi.org/10.1017/bec.2019.5)
 28. **Dixon, L. J.**, *Witcraft, S. M., & *Perry, M. M. (2019). How does anxiety affect adults with skin disease? Examining the indirect effect of anxiety symptoms on

- quality of life through anxiety sensitivity. *Cognitive Therapy and Research*, 43, 14-23. DOI: [10.1007/s10608-018-9942-5](https://doi.org/10.1007/s10608-018-9942-5)
27. **Dixon, L. J.**, Lee, A. A., Gratz, K. L., & Tull, M. T. (2018). Anxiety sensitivity and sleep disturbance: Investigating associations among patients with co-occurring anxiety and substance use disorders. *Journal of Anxiety Disorders*, 53, 9-15. DOI: [10.1016/j.janxdis.2017.10.009](https://doi.org/10.1016/j.janxdis.2017.10.009)
26. **Dixon, L. J.**, *Witcraft, S. M., McCowan, N. K., & Brodell, R. T. (2018). Stress and skin disorder quality of life: The moderating role of anxiety sensitivity social concerns. *British Journal of Dermatology*, 178, 951-957. DOI: [10.1111/bjd.16513](https://doi.org/10.1111/bjd.16513)
25. **Dixon, L. J.**, Tull, M. T., Lee, A. A., Kimbrel, N. A., & Gratz, K. L. (2017). The role of emotion-driven impulse control difficulties in the relation between social anxiety and aggression. *Journal of Clinical Psychology*, 73, 722-732. DOI: [10.1002/jclp.22372](https://doi.org/10.1002/jclp.22372)
24. Viana, A. G., Palmer, C. A., Zvolensky, M. J., Alfano, C. A., **Dixon, L. J.**, & Raines, E. (2017). Children's behavioral inhibition and anxiety disorder symptom severity: The role of individual differences in basal respiratory sinus arrhythmia. *Behaviour Research and Therapy*, 93, 38-46. DOI: [10.1016/j.brat.2017.03.012](https://doi.org/10.1016/j.brat.2017.03.012)
23. Viana, A. G., **Dixon, L. J.**, Berenz, E., & Espil, F. M. (2017). Trauma and deliberate self-harm among inpatient adolescents: The moderating role of anxiety sensitivity. *Psychological Trauma: Theory, Research, Practice, and Policy*, 9, 509-517. DOI: [10.1037/tra0000161](https://doi.org/10.1037/tra0000161)
22. Viana, A. G., Kiel, E. L., Alfano, C. A., **Dixon, L. J.**, & Palmer, C. A. (2017). The contribution of temperamental and cognitive factors to childhood anxiety disorder symptoms: A closer look at negative affect, behavioral inhibition, and anxiety sensitivity. *Journal of Child and Family Studies*, 26, 194-204. DOI: [10.1007/s10826-016-0553-z](https://doi.org/10.1007/s10826-016-0553-z)
21. **Dixon, L. J.**, Lee, A. A., Viana, A. G., McCowan, N. K., Brodell, R. T., & Tull, M. T. (2016). Anxiety sensitivity in dermatological patients. *Psychosomatics*, 57, 498-504. DOI: [10.1016/j.psych.2016.03.001](https://doi.org/10.1016/j.psych.2016.03.001)
20. Viana, A. G., **Dixon, L. J.**, Stevens, E. N., & Ebesutani, C. (2016). Parental emotion socialization strategies and their interaction with child interpretation biases among children with anxiety disorders. *Cognitive Therapy and Research*, 40, 717-731. DOI: [10.1007/s10608-016-9783-z](https://doi.org/10.1007/s10608-016-9783-z)
19. Espil, F. M., Viana, A. G., & **Dixon, L. J.** (2016). Posttraumatic stress disorder and depressive symptoms among inpatient adolescents: The underlying role of emotion regulation. *Residential Treatment for Children and Youth*, 33, 51-68. DOI: [10.1080/0886571X.2016.1159939](https://doi.org/10.1080/0886571X.2016.1159939)
18. **Dixon, L. J.**, Kemp, J. J., Farrell, N. R., Blakey, S. M., & Deacon, B. J. (2015). Interoceptive exposure exercises for social anxiety. *Journal of Anxiety Disorders*, 33, 25-34. DOI: [10.1016/j.janxdis.2015.04.006](https://doi.org/10.1016/j.janxdis.2015.04.006)
17. Schaumberg, K., Mota, N., **Dixon, L.**, Sippel, L., Jackson, M., Vinci, C., May, A., Schumacher, J. A., Coffey, S. F. (2015). The paper chase: Reflections on an exercise in collaborative scientific writing. *the Behavior Therapist*, 38, 43-47.

16. Sippel, L.M., Jones, R.E., Bordieri, M.J., **Dixon, L.J.**, May, A. C., Malkin, M. L., Schumacher, J. A., & Coffey, S. F (2015). Interactive effects of anxiety sensitivity and difficulties in emotion regulation: An examination among individuals in residential substance use treatment with comorbid posttraumatic stress disorder. *Cognitive Therapy and Research*, 39, 245-252. DOI: [10.1007/s10608-014-9648-2](https://doi.org/10.1007/s10608-014-9648-2)
15. **Dixon, L. J.**, & Mahaffey, B. (2014). The what, why, and how of tracking your training: A primer for clinical psychology students. *the Behavior Therapist*, 38, 70-74.
14. **Dixon, L. J.**, Stevens, E. N., & Viana, A. G (2014). Anxiety sensitivity as a moderator of the relationship between trait anxiety and illicit substance use. *Psychology of Addictive Behaviors*, 28, 1284-1289. DOI: [10.1037/a0037643](https://doi.org/10.1037/a0037643)
13. Farrell, N. R., Deacon, B. J., **Dixon, L. J.**, & Lickel, J. J. (2013). Theory-based training strategies for modifying practitioner concerns about exposure therapy. *Journal of Anxiety Disorders*, 27, 781-787. DOI: [10.1016/j.janxdis.2013.09.003](https://doi.org/10.1016/j.janxdis.2013.09.003)
12. Farrell, N. R., Deacon, B. J., Kemp, J. J., **Dixon, L. J.**, & Sy, J. T. (2013). Do negative beliefs about exposure therapy cause its suboptimal delivery? An experimental investigation. *Journal of Anxiety Disorders*, 27, 763-771. DOI: [10.1016/j.janxdis.2013.03.007](https://doi.org/10.1016/j.janxdis.2013.03.007)
11. Deacon, B. J., Farrell, N. R., Kemp, J. J., **Dixon, L. J.**, Sy, J. T., Zhang, A., & McGrath, P. (2013). Assessing therapist reservations about exposure therapy for anxiety: The Therapist Beliefs about Exposure Scale. *Journal of Anxiety Disorders*, 27, 772-780. DOI: [10.1016/j.janxdis.2013.04.006](https://doi.org/10.1016/j.janxdis.2013.04.006)
10. Deacon, B. J., Kemp, J. J., **Dixon, L. J.**, Sy, J. T., Farrell, N. R., & Zhang, A. (2013). Maximizing the effectiveness of interoceptive exposure for anxiety sensitivity: Results of a randomized controlled trial. *Behavior Research and Therapy*, 51, 588-596. DOI: [10.1016/j.brat.2013.06.006](https://doi.org/10.1016/j.brat.2013.06.006)
9. **Dixon, L. J.**, Sy, J. T., Kemp, J. J., & Deacon, B. J. (2013). Does anxiety sensitivity cause panic symptoms? An experimental investigation. *Journal of Experimental Psychopathology*, 4, 208-223. DOI: [10.5127/jep.027512](https://doi.org/10.5127/jep.027512)
8. Possis, E. A., Kemp, J. J., Lickel, J. J., Sy, J. T., **Dixon, L. J.**, & Deacon, B. J. (2013). A comparison of cognitive and behavioral approaches for reducing cost bias in social anxiety. *Journal of Cognitive Psychotherapy*, 27, 210-220. DOI: [10.1891/0889-8391.27.3.210](https://doi.org/10.1891/0889-8391.27.3.210)
7. Sibley, M.H., Ross, J.M., Gnagy, E.M., **Dixon, L.**, Conn, B., & Pelham, W.E. (2013). An intensive summer treatment program for ADHD reduces parent-adolescent conflict. *Journal of Psychopathology & Behavioral Assessment*, 35, 10-19. DOI: [10.1007/s10862-012-9314-5](https://doi.org/10.1007/s10862-012-9314-5)
6. Lickel, J. J., Carruthers, B. R., **Dixon, L. J.**, & Deacon, B. J. (2013). Breathing retraining for individuals who fear respiratory sensations: Examination of safety behavior and coping aid hypotheses. *Journal of Cognitive Psychotherapy*, 27, 111-125. DOI: [10.1891/0889-8391.27.2.111](https://doi.org/10.1891/0889-8391.27.2.111)
5. Sy, J. T., **Dixon, L. J.**, Lickel, J. J., Nelson, E. A., & Deacon, B. J. (2011). Failure to replicate the deleterious effects of safety behaviors in exposure therapy. *Behaviour Research and Therapy*, 49, 305-314. DOI: [10.1016/j.brat.2011.02.005](https://doi.org/10.1016/j.brat.2011.02.005)

4. Nelson, E. A., Lickel, J. J., Sy, J. T., **Dixon, L. J.**, & Deacon, B. J. (2010). Probability and cost biases in social phobia: Nature, specificity, and relationship to treatment outcome. *Journal of Cognitive Psychotherapy: An International Quarterly*, 24, 213-228. DOI: [10.1891/0889-8391.24.3.213](https://doi.org/10.1891/0889-8391.24.3.213)
3. **Dixon, L. J.**, Leen-Feldner, E. W., Ham, L. S., Feldner, M. T., & Lewis, S. F. (2009). Alcohol use motives among trauma event-exposed, treatment-seeking adolescents: The role of posttraumatic stress. *Addictive Behaviors*, 34, 1065-1068. DOI: [10.1016/j.addbeh.2009.06.008](https://doi.org/10.1016/j.addbeh.2009.06.008)
2. Blumenthal, H., Blanchard, L., Feldner, M. T., Babson, K. A., Leen-Feldner, E. W., & **Dixon, L.** (2008). Traumatic event exposure, posttraumatic stress, and substance use among youth: A critical review of the empirical literature. *Current Psychiatry Reviews*, 4, 228-254. DOI: [10.2174/157340008786576562](https://doi.org/10.2174/157340008786576562)
1. Leen-Feldner, E. W., Feldner, M. T., Reardon, L. E., Babson, K. A., & **Dixon, L.** (2008). Anxiety sensitivity and posttraumatic stress levels among traumatic event-exposed. *Behaviour Research and Therapy*, 46, 548 – 556. DOI: [10.1016/j.brat.2008.01.014](https://doi.org/10.1016/j.brat.2008.01.014)

BOOK CHAPTERS

2. Gratz, K.L., **Dixon, L.J.**, Kiel, E.J., & Tull, M.T. (2018). Emotion regulation: Theoretical models, associated outcomes, and recent advances. In V. Zeigler-Hill & Shackelford, T. K. (Eds.), *The SAGE handbook of personality and individual differences*. London, UK: SAGE Publications.
1. **Dixon, L.J.**, & *Witcraft, S.M. (2020). Anxiety and Skin Disease. In S. Richards (Volume Editor) & L. M. Cohen (Editor), *Wiley Encyclopedia of Health Psychology, Volume III: Clinical Health and Behavioral Medicine*. Hoboken, NJ: John Wiley and Sons.

MANUSCRIPTS UNDER REVIEW

- *Shepherd, W. S., *Schadegg, M. J., & Dixon, L.J. (2024). Examining the contrast avoidance model to understand the association between generalized anxiety disorder and sleep difficulties. *Manuscript under review*.

MANUSCRIPTS IN PREPARATION

- Dixon, L.J.**, *Sevier, C.J., & *Freshley, A. (2024). Emotion dysregulation in relation to misophonia symptoms and impairment: Findings from a nationally representative sample.
- *Freshley, A., *Clark, H., *Schadegg, M. J., & **Dixon, L. J.** (2024). Investigating clinical characteristics of individuals with and without misophonia in the US: Results from a population-based study.
- *Strange, T., *Clark, H.L., & **Dixon, L.J.** (2024). Examining stress, potentially traumatic events, and posttraumatic stress disorder among individuals with skin disease symptoms.
- *Witcraft, S. M., **Dixon, L. J.**, Gratz, K. L., & Tull, M. T. (2024). Correlates of prescription drug misuse among residential patients with co-occurring substance use and anxiety disorders.

GRANT ACTIVITY

Research Support (External Funding)

2020 – 2024 **Principal Investigator**, “Advancing the characterization and assessment of misophonia through laboratory and population-based research,” Misophonia Research Fund (Total = \$399,986).

Research Support (Internal Funding)

2021 **Principal Investigator**, “Targeting anxiety thru emotional, cognitive, and behavioral processes,” University of Mississippi College of Liberal Arts Faculty Grant for Research and Creative Achievement.

2020 **Principal Investigator**, “How individual differences affect the expression and experience of stress and anxiety,” University of Mississippi College of Liberal Arts Faculty Grant for Research and Creative Achievement.

2018 **Principal Investigator**, “Examination of psychological processes underlying anxiety in vulnerable populations,” University of Mississippi College of Liberal Arts Faculty Grant for Research and Creative Achievement.

2013 **Principal Investigator**, “Evaluation of interoceptive exercises for social concerns,” Department of Psychology Dissertation Support Award.

2010 **Principal Investigator**, “Does anxiety sensitivity cause panic symptoms? An experimental investigation,” Department of Psychology Thesis Support Award.

Submitted Grants

2021 **Co-Investigator**, “Inflammation mediated hypertension and neurovascular dysfunction during pregnancy: Effects on mothers and offspring,” NIH NHLBI Program Project Application Grant (PIs = Babbette LaMarca, Ph.D., Kedra Wallace, Ph.D.).

2018 **Co-Investigator**, “Perinatal mood and immune mechanisms: A pilot study,” UMMC Neuro Institute and Intramural Research Support Program (PI = Kedra Wallace, Ph.D.).

2015 **Principal Investigator** (submitted as Co-Investigator), “Anxiety sensitivity: A longitudinal examination of pre- and postnatal outcomes,” UMMC Intramural Research Support Grant (submitted as PI =; PI = Andres G. Viana, Ph.D.).

2015 **Principal Investigator**, “Social Anxiety and Dermatological Disorders: Advancing Education, Outreach, and Treatment Accessibility in a Novel Setting,” Andrew Kukes Foundation for Social Anxiety.

AWARDS AND HONORS

2021 Dr. Mike L. Edmonds New Scholar Award (Social Sciences), University of Mississippi College of Liberal Arts

2020 Graduate Mentor Award, University of Mississippi, Psychology Department

2018, 2019 UM-UMMC Travel Grant, University of Mississippi Office of Research and Sponsored Programs

2017 Travel Grant, University of Mississippi Office of Research and Sponsored Programs

2015 W. Stewart Agras, M.D. Grand Rounds Speakership Award, UMMC

2014	Anxiety & Depression Association of America Career Development Travel Award
2012	Downey Scholarship for Outstanding Female Psychology Student, UW
2008-2013	UW Psychology Department Travel Award (5 times)
2008, 2010	Arts and Sciences Graduate School Travel Fellowship, UW
2010	Board of Visitors Service Award, UW
2010	Paul Stock Grant-in-Aid Graduate Fellowship, UW
2008	Marie Wilson Howells Scholar Award, UofA
2007-2008	University of Arkansas Honors Research Grant
2007	University of Arkansas Honors Conference Grant

CHAired SYMPOSIA AT NATIONAL AND INTERNATIONAL CONFERENCES

5. **Dixon, L. J.** & Schadeegg, M. J. (2022, November). *Building misophonia knowledge through the examination of phenotypes, mechanisms, treatment strategies, stakeholder perceptions, and public awareness*. Symposium presented at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
4. **Dixon, L. J.** & Lee, A. A. (2020, November). *Extending the impact of cognitive and behavioral therapies through the integration of health outcomes: A closer look at emotion regulation processes*. Symposium presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies (Virtual).
3. **Dixon, L. J.** (2017, November). *Recent advances in the study of anxiety sensitivity among individuals with medical conditions*. Symposium presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
2. **Dixon, L. J.** (2016, March). *Integrating health care: The evaluation and treatment of anxiety and depressive symptoms in novel patient populations*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.
1. **Dixon, L. J.** (2015, November). *Seeking Sensations: Innovative Advancements for Utilizing Interoceptive Exposure to Target Anxiety Sensitivity*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

PRESENTATIONS (TALKS) AT NATIONAL AND INTERNATIONAL CONFERENCES

18. **Dixon, L. J.** & *Clark, H. L. (2022, September). Advancing the characterization and assessment of misophonia through laboratory and population-based research: 2022 Progress and Project Updates. Misophonia Research Fund Annual Meeting, Chicago, IL.
17. **Dixon, L. J.**, *Schadeegg, M. J., *Clark, H. L., *Perry, M. M., *Sevier, C. J., & *Hana, L. (2022, November). Assessing public awareness and knowledge of misophonia in a nationally representative sample of adults. In L. Dixon & M. Schadeegg (Chairs), *Building misophonia knowledge through the examination of phenotypes, mechanisms, treatment strategies, stakeholder perceptions, and*

- public awareness*. Symposium presented at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
16. **Dixon, L. J.** & *Schadegg, M. J. (2021, November). Advancing the characterization and assessment of misophonia through laboratory and population-based research: Initial Progress and Project Updates. Misophonia Research Fund Annual Meeting, Chicago, IL.
 15. *Witcraft, S. M. & **Dixon, L. J.** (2020, November). Examining the mediating role of emotion regulation difficulties in behavioral avoidance of gastrointestinal symptoms. In **L. Dixon** & A. Lee (Chairs), *Extending the impact of cognitive and behavioral therapies through the integration of health outcomes: A closer look at emotion regulation processes*. Symposium presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies (Virtual).
 14. **Dixon, L. J.**, *Schadegg, M. J., *Boullion, G. Q., *Witcraft, S. M., & *Perry, M. M. (2019, November). Obsessive-compulsive related disorders, emotion regulation, and quality of life in adults with skin disease. In J. McCann (Chair), *Change that Matters: What, Why, and How Meaningful Change Happens in CBT for Anxiety-Related Disorders*. Symposium presented at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
 13. *Boullion, G. Q., **Dixon, L. J.**, *Perry, M. M., & *Witcraft, S. M. (2018, November). Emotion regulation difficulties and depression among individuals with dermatological and body dysmorphic concerns. In B. Mathes and B. Summers (Chairs), *Recent advances in OC spectrum disorders: A transdiagnostic and translational perspective*. Symposium presented at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
 12. **Dixon, L. J.** & *Witcraft, S. M. (2017, November). Anxiety sensitivity and quality of life among adults with dermatological conditions. In L. J. Dixon (Chair), *Expanding the AS horizon: Recent advances in the study of anxiety sensitivity among individuals with medical conditions*. Symposium presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
 11. **Dixon, L. J.**, Viana, A. G., & Tull, M. T. (2017, November). The role of maternal emotion regulation in predicting infant temperament and mother-infant bonding. In K. Gratz (Chair), *Emotion Regulation in Child Development: Clinically Relevant Outcomes from Infancy through Adolescence*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
 10. **Dixon, L. J.**, Viana, A. G., & Tull, M. T. (2016, November). Fear of fear in expectant mothers: Associations between anxiety sensitivity and emotional adjustment during and after pregnancy. In H. Boettcher (Chair), *Anxiety sensitivity: A transdiagnostic treatment target*. Symposium presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
 9. **Dixon, L. J.**, Lee, A. A., Viana, A. G., McCowan, N. K., Brodell, R. T., & Tull, M. T. (2016, March). Anxiety sensitivity in patients with dermatological conditions. In L. J. Dixon (Chair), *Integrating health care: The evaluation and treatment of*

- anxiety and depressive symptoms in novel patient populations*. Symposium presented at the Anxiety and Depression Annual Conference, Philadelphia, PA.
8. Lee, A. A. **Dixon, L. J.**, Tull, M.T., Anxiety sensitivity and insomnia among patients with PTSD and comorbid substance use. (2016, March). In L.J. Dixon (Chair), *Integrating health care: The evaluation and treatment of anxiety and depressive symptoms in novel patient populations*. Symposium presented at the annual Anxiety and Depression Annual conference, Philadelphia, PA.
 7. **Dixon, L. J.**, Tull, M. T., Kimbrel, N., Weiss, N., & Gratz, K. L. (2015, November). Predicting anger and hostility in social anxiety: The mediating role of emotion regulation. In M. J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 6. Espil, F. M., Viana, A. G., & **Dixon, L. J.** (2015, November). The role of emotion dysregulation in the association between PTSD and depression symptomatology in an inpatient sample of adolescents. In M. J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 5. Lee, A. A., Farrell, N. F., **Dixon L. J.**, McKibbin C. M., & Deacon, B. J. (2015, November). Comparing the impact of biological and cognitive-behavioral causal explanations for depression and social anxiety: Effects on prognostic expectations and self-stigma. In A.A. Lee (Co-Chair) and N.R. Farrell (Co-Chair), *If I only had a brain (disease): The effects of biomedical (disease) models of mental disorders on CBT-relevant treatment variables*. Symposium presented at 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 4. **Dixon, L. J.** (2014, November). Interoceptive exposure tasks for anxiety sensitivity social concerns. In L. J. Dixon (Chair), *Seeking Sensations: Innovative Advancements for Utilizing Interoceptive Exposure to Target Anxiety Sensitivity*. Symposium presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 3. Blakey, S. M., **Dixon, L. J.**, Kemp, J. J., Farrell, N. R., & Deacon, B. J. (2014, November). The paradoxical effects of safety aids on interferences of danger and distress. In Goetz, A. R., & Lee, H. (Chairs), *Do safety behaviors facilitate or hinder fear reduction? Evidence from the lab to the clinic*. Symposium presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 2. Viana, A. G., Stevens, E. N., & **Dixon, L. J.** (2014, March). Interpretation biases in children with anxiety disorders: Interactions with maternal emotion socialization strategies. In: *Family Risk Factors of Cognitive Vulnerability to Child Anxiety and Depression*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
 1. Sy, J. T., **Dixon, L. J.**, Lickel, J. J., Possis, E., & Deacon, B. J. (2012, November). Failure to replicate the deleterious effects of safety behaviors in exposure

therapy. In Levy, H., & Radomsky, A. (Chairs), *Safety behavior in CBT: Theory, Research, and Proposed Mechanisms*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

INVITED TALKS

5. **Dixon, L. J.** (2017, March). *Anxiety sensitivity as a transdiagnostic process across mental and physical health conditions*. Invited talk presented at the University of Toledo, Toledo, OH.
4. **Dixon, L. J.** (2016, April). *Anxiety symptoms in dermatological patients*. Invited talk presented at the UMMC Neuroscience Research Day, Young Investigators Research Forum, Jackson, MS.
3. **Dixon, L. J.** (2015, October). *The role of anxiety sensitivity in anxiety disorders and health conditions*. Psychiatry Grand Rounds, University of Mississippi Medical Center, Jackson, MS.
2. **Dixon, L. J.** (2015, September). *Evaluation and treatment of anxiety symptoms in dermatology patients*. Invited talk presented at the Dermatology Resident Journal Club, University of Mississippi Medical Center, Department of Dermatology, Jackson, MS.
1. **Dixon, L. J.** (2014, October). *The role of anxiety sensitivity in the etiology and treatment of anxiety disorders*. Invited talk presented at the University of Mississippi School of Graduate Studies in Health Sciences Research Day, Jackson, MS.

POSTER PRESENTATIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

*indicates graduate student author; +undergraduate student author

46. *Freshley, A., *Clark, H.L., & **Dixon, L.J.** (2023, November). *Characterization of misophonia in a nationally representative sample: Investigating demographics and comorbidity*. Poster presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies. Seattle, WA.
45. *Sevier, C., *Clark, H.L., & **Dixon, L.J.** (2023, November). *Investigating emotion regulation difficulties as a transdiagnostic factor in misophonia*. Poster presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies. Seattle, WA.
44. *Schadegg, M.J., +Fair, L., & **Dixon, L.J.** (2022, November). *Using a behavioral paradigm of uncertainty to investigate emotion regulation among individuals with and without generalized anxiety disorder symptoms*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York.
43. *Perry, M.M., & **Dixon, L.J.** (2022, November). *The influence of childhood emotional maltreatment and exclusion on distress among individuals with social anxiety symptoms*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York.

42. *Sevier, C., *Clark, H., & **Dixon, L.J.** (2022, November). *The indirect role of emotion regulation difficulties in the association between social anxiety and engagement in risky behaviors*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York.
41. *Hana, L., *Schadegg, M.J., & **Dixon, L.J.** (2021, November). *How does physiological arousal affect avoidance? Examining anxiety sensitivity, nonacceptance, and safety behaviors in socially anxious college students*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies Annual Convention, Virtual.
40. *Schadegg, M.J., +Sheperd, W., & **Dixon, L.J.** (2021, November). *Investigating the contribution of emotion dysregulation in skin picking among adults with skin disease*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies Annual Convention, Virtual.
39. *Perry, M.M., Protti, T.A., & **Dixon, L.J.** (2021, November). *Perceived social support and loneliness among socially anxious college students*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies Annual Convention, Virtual.
38. *Clark, H.L., **Dixon, L.J.**, & Lee, A.A. (2021, November). *Psychometric properties of the Short Scale Anxiety Sensitivity Index in chronic respiratory disease samples*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies Annual Convention, Virtual.
37. *Witcraft, S.M., +Niehaus, L.K., +Schruff, M.A., & **Dixon, L.J.** (2021, November). *Do gut reactions matter? How individuals with and without gastrointestinal symptoms respond to emotional stimuli*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies Annual Convention, Virtual.
36. +Schmitz, C., *Clark, H.L., & **Dixon, L.J.** (2021, March). *Investigating associations of COVID-19-related anxiety, depression, and anxiety sensitivity among e-cigarette users*. Poster presented at the 2021 Annual Convention of the Anxiety and Depression Association of America, Virtual.
35. *Clark, H.L. & **Dixon, L.J.** (2020, November). *The indirect role of repetitive negative thinking in the association between perceived stress and sleep disturbance among adults with skin disease symptoms*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA (Virtual).
34. *Perry, M.M., *Schadegg, M.J., & **Dixon, L.J.** (2020, November). *Understanding the impact of maternal parenting practices on college students' experiences of social anxiety through emotion regulation*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA (Virtual).
33. *Schadegg, M.J. & **Dixon, L.J.** (2020, November). *Investigating the role of emotion dysregulation in anxiety and chronic disease self-management among adults with skin disease*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA (Virtual).
32. *Witcraft, S.M., **Dixon, L.J.**, & Lee, A.A. (2020, November). *Concerns about physical symptoms are associated with overuse of health care and short-acting medication among individuals with asthma*. Poster presented at the 54th Annual

- Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA (Virtual).
31. *Witcraft, S.M., *Schadegg, M.J., *Boullion, G.Q., *Perry, M.M., & **Dixon, L.J.** (2019, November). *What Sensitivities Matter in Dental Anxiety? Investigating Sensitivity to Anxiety, Pain, and Disgust*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 30. *Boullion, G. Q., *Perry, M. P., *Witcraft, S. M., *Schadegg, M. J., & **Dixon, L. J.** (2019, November). *Social anxiety and loneliness: The indirect effect of emotion regulation difficulties*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapy, Atlanta, GA.
 29. *Schadegg, M. J., *Witcraft, S. M., *Perry, M. M., *Boullion, G. Q., & **Dixon, L. J.** (2019, November). *An aggressive reaction to sound: The interactive effects of anxiety sensitivity and misophonia on facets of aggression*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 28. *Perry, M.M, *Boullion, G.Q., *Schadegg, M.J., *Witcraft, S.M. & **Dixon, L.J.** (2019, November). *Examining interpersonal and intrapersonal emotion regulation, social anxiety, and aggression among college students*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 27. Pavlacic, J.M., **Dixon, L.J.**, & Schulenberg, S.E. (November, 2019). *Examining the temporal associations between nightly alcohol use and following-day valued living: A daily diary study*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 26. *Witcraft, S.M., *Perry, M.M., *Boullion, G.Q., & **Dixon, L.J.** (2018, November). *The moderating role of anxiety sensitivity social concerns in stress and quality of life among adults with skin disease*. Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
 25. *Perry, M.M., *Boullion, G.Q., *Witcraft, S.M., Viana, A.G., & **Dixon, L.J.** (2018, November). *The importance of a mother's perceived ability to regulate emotions in postpartum maternal quality of life and parenting distress*. Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
 24. *Witcraft, S.M., **Dixon, L.J.**, *Perry, M., Gratz, K.L., & Tull, M.T. (2017, November). *Correlates of nonmedical use of prescription drugs among patients with co-occurring anxiety and substance use disorders*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
 23. Wheelless, L., **Dixon, L.J.**, Cohen, R., Gratz, K.L., & Tull, M.T. (2016, March). *An examination of the moderating role of mindfulness in the relation between worry and anxiety symptom severity*. Poster session presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

22. **Dixon, L.J.** & Deacon, B.J. (2014, March). *Evaluation of interoceptive exposure exercise for social anxiety*. Poster session presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
21. Fertitta, M.C., Stevens, E.N., **Dixon, L.J.**, & Viana, A.G. (2014, March). *Internalizing psychopathology, PTSD, emotion dysregulation, and the nonmedical use of prescription drugs among adolescent inpatients*. Poster session presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
20. Fertitta, M.C., Stevens, E.N., **Dixon, L.J.**, & Viana, A.G. (2014, March). *Gender differences in the relationship between substance use and PTSD symptoms among adolescent inpatients*. Poster session presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
19. Fertitta, M.C., Stevens, E.N., **Dixon, L.J.**, & Viana, A.G. (2014, March). *Anxiety sensitivity, drug use, and the moderating effect of gender in an inpatient sample of adolescents*. Poster session presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
18. Blakey, S.M., Farrell, N.R., Kemp, J., **Dixon, L.J.**, Sy, J.T., & Deacon, B.J. (2013, November). *Therapist beliefs about exposure therapy and therapeutic techniques used in the treatment of panic disorder*. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
17. Blakey, S.M., Kemp, J., Farrell, N.R., **Dixon, L.J.**, & Deacon, B.J. (2013, November). *Paradoxical effects of safety signals on interferences of danger and anxiety*. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
16. Kemp, J.J., **Dixon, L.J.**, Farrell, N.R., Sy, J.T., Bergquist, J.J., Hipol, L.J. ... Deacon, B.J. (2014, November). *Enhancement of interoceptive exposure for anxiety sensitivity: Results of a randomized, controlled trial*. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
15. Farrell, N.R., Kemp, J.J., **Dixon, L.J.**, Sy, J.T., McGrath, P.B., & Deacon, B.J. (2012, November). *What you believe is what you deliver: The relationship between therapists' beliefs about exposure therapy and implementation style*. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
14. Farrell, N.R., Kemp, J.J., **Dixon, L.J.**, Sy, J.T., & Deacon, B.J. (2012, November). *How do clinicians implement exposure therapy?* Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
13. Farrell, N.R., Kemp, J.J., **Dixon, L.J.**, Sy, J.T., Deacon B.J., & McGrath, P. (2011, November). *Validation of the Therapist Beliefs about Exposure Scale (TBES)*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
12. Farrell, N.R., Kemp, J.J., **Dixon, L.J.**, Sy, J.T., Deacon B.J., & McGrath, P. (2011, November). *An investigation of the malleability of therapists' beliefs about*

- exposure therapy*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
11. **Dixon, L.J.**, Sy, J.T., Kemp, J., & Deacon, B. (2010, November). *Does anxiety sensitivity cause panic symptoms? An experimental investigation*. Poster presented for presentation at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
 10. Carruthers, B., Lickel, J.J., **Dixon, L.J.**, & Deacon, B. (2010, November). *Correlates of frequency, style and reported function of diaphragmatic breathing use*. Poster presented for presentation at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
 9. **Dixon, L.J.**, Deacon, B., & Abramowitz, J. (2009, November). *The interaction of anxiety sensitivity and body vigilance in predicting panic disorder symptom severity*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
 8. Sy, J.T., Mangus, J., **Dixon, L.**, Lickel, J.J., Nelson, E.A., & Deacon, B. (2009, November). *Mediating the cognitive processes involved in safety behavior interference with exposure therapy for claustrophobia*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
 7. Nelson, E.A., Napolitano, S., Lickel, J.J., Sy, J., **Dixon, L.**, & Deacon, B. (2009, November). *Exposure to the cost of feared outcomes in social anxiety: A comparison of cognitive and behavioral approaches*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
 6. **Dixon, L.J.**, Barreto, C., Trammell, M.S., White, J.L., Leen-Feldner, E.W. & Lewis, S.F. (2008, November). *Alcohol use and coping-related alcohol use motives among trauma-exposed adolescents: The role of negative affect intensity*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
 5. Babson, K.A., Leen-Feldner, E.W., Feldner, M.T., Reardon, L., & **Dixon, L.** (2008, November). *Anxiety sensitivity and posttraumatic stress levels among traumatic event-exposed adolescents*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
 4. Barreto, C., Goodrum, S.E., Sorrows, T., **Dixon, L.J.**, Lewis, S., & Leen-Feldner, E.W. (2008, November). *The effects of emotion suppression on anxiety symptoms among adolescents enrolled in residential treatment: A prospective study*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
 3. **Dixon, L.**, Barreto, C., Farrell, H., Leen-Feldner, E.W., & Lewis, S. (2007, November). *Traumatic events and substance use: Comparing treatment-seeking and community-based samples of youth*. Poster presented at the 23rd annual meeting of the International Society for Traumatic Stress Studies. Baltimore, MD.
 2. Lewis, S.F., Leen-Feldner, E.W., Daniels, S, **Dixon, L.**, & Want, N. (2007, February). *Evaluating treatment outcomes in a sample of adolescents*.

Paper presented at the annual National Association of Therapeutic Schools and Programs. La Jolla, California.

1. Lewis, S.F., **Dixon, L.**, Barreto, C., & Leen-Feldner, E.W. (2007, September). *Research outcomes: Bringing together research and practice*. Paper presented at the 5th annual Therapy Symposium, Boulder CO.

PRESENTATIONS AT REGIONAL CONFERENCES

*denotes graduate student author; +undergraduate student author

46. Freshley, A.M., Mueller, M.P., Dixon, L.J. (2023, April). *Negative beliefs and impairment in misophonia*. Data Blitz presented at the 8th annual University of Mississippi Psychology Research Day, Oxford, MS.
45. Bishop, M.K., Finch, J., & Dixon, L.J. (2023, April). *Examining the relationship between misophonia and depression*. Poster presented at the 8th annual University of Mississippi Psychology Research Day. Oxford, MS.
44. +Tyson, R.E., +Williamson, B.G., *Clark, H.L., & **Dixon, L.J.** (2023, April). *The relationship between coping behaviors and misophonia symptom severity and impairment*. Poster presented at the 8th annual University of Mississippi Psychology Research Day. Oxford, MS.
43. +Fair, L., *Sevier, C., & **Dixon, L.J.** (2022, September). *Analyzing the unique role of perseverative thinking in insomnia among college students*. Poster presented at the 73rd Mississippi Psychological Association, Hattiesburg, MS.
42. +Woodward, L., *Sevier, C., & **Dixon, L. J.** (2022, September). *Examination of impulsivity in relation to facets of aggression among socially anxious individuals*. Poster presented at the 73rd Mississippi Psychological Association, Hattiesburg, MS.
41. *Clark, H. L. & **Dixon, L. J.** (2022, April). *The indirect role of perseverative thinking in the association between perceived stress and sleep disturbance among adults with skin disease symptoms*. Data Blitz presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
40. *Perry, M. M. & **Dixon, L. J.** (2022, April). *Perceived social support in experiences of loneliness among socially anxious college students*. Data Blitz presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
39. +Barnett, K. D., *Clark, H. L., & **Dixon, L. J.** (2022, April). *Stress and skin disease: Higher PTSD-related symptoms are associated with greater skin disease severity*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
38. +Bishop, M. K., +Woodward, L. E., *Hana, L. M., & **Dixon, L. J.** (2022, April). *College students' mental health during COVID-19*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
37. +Elmore, L. E. & **Dixon, L. J.** (2022, April)**. *Anxiety at the beginning of the COVID-19 pandemic: Associations between health anxiety, COVID-19 anxiety, and preventative behaviors*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.

****This presentation received an award for the best poster presentation.**

36. +Fair, L. F., +Harper, Q. Q., *Sevier, C. J., & **Dixon, L. J.** (2022, April). *Analyzing the relationship between perseverative thinking and insomnia in college students with GAD*

- symptoms*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
35. +Holman, R., *Perry, M. M., & **Dixon, L. J.** (2022, April). *The role of prenatal anxiety sensitivity on postpartum anxiety and depression*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
 34. +Patrick, K., Orban, K., & **Dixon, L. J.** (2022, April). *The correlation of stress, anxiety, and depression with misophonia symptoms*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
 33. +Shepherd, W. S., +Nyary, A. L., *Schadegg, M. J., & **Dixon, L. J.** (2022, April)**. *Contrast avoidance helps explain sleep disturbances in individuals with anxiety*. Poster presented at the 7th annual University of Mississippi Psychology Research Day, Oxford, MS.
- **This presentation received an award for the best poster presentation.**
32. +Turner, T., *Perry, M. M., & **Dixon, L. J.** (2021, September). *Evaluating depression, social anxiety, and interpersonal support among college students*. Poster presented at the 72nd Mississippi Psychological Association, Virtual.
 31. +Shepherd, W. S., *Schadegg, M. J., & **Dixon, L. J.** (2021, September). *Testing the association between emotion regulation and the contrast avoidance model*. Poster presented at the Mississippi Psychological Association 72nd Annual Convention, Virtual.
 30. +Schruff, M. A., +Niehaus, L. K., *Witcraft, S. M., & **Dixon, L. J.** (2021, September). *Emotion regulation strategies among those with gastrointestinal symptoms: Findings from an experimental study*. Poster presented at the Mississippi Psychological Association 72nd Annual Conference, Virtual.
 29. +Schmitz, C., *Clark, H., & **Dixon, L. J.** (2020, October). *Race and anxiety sensitivity as predictors of e-cigarette use and dependency*. Poster presented at the 71st Mississippi Psychological Association Annual Convention – Virtual.
 28. **Dixon, L. J.** (2019, April). *Prenatal and postpartum anxiety*. Talk presented at the annual University of Mississippi Research Day, Oxford, MS.
 27. *Schadegg, M. J. & **Dixon, L. J.** (2019, April). *Aggression and sound: The role of anxiety sensitivity in misophonia and aggression*. Data Blitz presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
 26. *Witcraft, S. M. & **Dixon, L. J.** (2019, April). *Psychological sensitivities in dental anxiety: An examination of sensitivities to anxiety, disgust, and pain*. Data Blitz presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
 25. +Schmitz, C. R., +Berry, S. K., *Boullion, G. Q., & **Dixon, L. J.** (2019, April). *An examination of gender differences and distress tolerance in relation to smoking status*. Poster presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
 24. +Young, G., +Harris, M., *Perry, M., & **Dixon, L. J.** (2019, April). *Examination of communication and social media usage among socially anxious individuals*. Poster presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
 23. +Grace, D. M., +Reynolds, A. S., *Schadegg, M. J., & **Dixon, L. J.** (2019, April). *I can't stress this enough: Correlates of stress in a southern university sample*. Poster presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.

22. +Ellison, L. E., +York, M. A., *Witcraft, S. M., & **Dixon, L. J.** (2019, April). *It's not just skin: Social anxiety and anxiety sensitivity in adults with psychodermatological disorders*. Poster presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
21. +Berry, S. K., *Boullion, G. Q., & **Dixon, L. J.** (2019, April). *Perceived stress and skin symptoms in a college sample*. Poster presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
20. +Long, M. M., +Sappington, L. B., +Seale, N. M., *Witcraft, S. M., & **Dixon, L. J.** (2019, April). *Use of safety behaviors in predicting social anxiety in adults with dermatological conditions*. Poster presented at the 6th annual University of Mississippi Psychology Research Day, Oxford, MS.
19. *Witcraft, S. M. & **Dixon, L. J.** (2019, March). *The role of emotion-driven impulsivity in inpatients with anxiety and prescription drug abuse*.** Talk presented at the 9th annual University of Mississippi Graduate Research Day.
- **This presentation received an award for being among the top three presentations in its category.**
18. *Boullion, G. Q. & **Dixon, L. J.** (2019, March). *How does mental health affect loneliness in college students?**** Data Blitz presented at the 9th annual University of Mississippi Graduate Research Day.
- **This presentation received an award for being among the top three presentations in its category.**
17. *Perry, M. M., & **Dixon, L. J.** (2018, April). *The significance of access to emotion regulation strategies on maternal postpartum quality of life and parenting distress*. Data Blitz presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.
16. *Boullion, G. Q., & **Dixon, L. J.** (2018, April). *Limited access to emotion regulation strategies influences depression among individuals with dermatological and body dysmorphic concerns*.** Data Blitz presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.
- **This presentation received an award for the best data blitz presentation.**
15. *Witcraft, S. M. & **Dixon, L. J.** (2018, April). *Examining emotion regulation differences in prescription drug abusers and non-users*. Data Blitz presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.
14. +Long, M. M., +Ellison, L. E., *Perry, M. M., & **Dixon, L. J.** (2018, April). *Examining racial differences in prenatal depression, anxiety, and stressful life events*. Poster presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.
13. +Berry, S., +Pearce, R., +Stockton, T., *Boullion, G. Q., & **Dixon, L. J.** (2018, April). *Anxiety, anxiety sensitivity, and the functional impact of skin picking among individuals with dermatological concerns*.** Poster presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.
- **This presentation received an award for the best poster presentation.**
12. +Olson, S., *Witcraft, S. M., & **Dixon, L. J.** (2018, April). *Examination of dental anxiety in relation to anxiety sensitivity, pain sensitivity, and distress tolerance*. Poster presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.

11. +Cantrell, A., +Young, G., *Witcraft, S. M., & **Dixon, L. J.** (2018, April). *Prescription stimulants and polysubstance use among college students*. Poster presented at the 5th annual University of Mississippi Psychology Research Day, Oxford, MS.
10. *Witcraft, S. M., & **Dixon, L. J.** (2017, September). Prescription drug use and trait characteristics of psychopathology in an undergraduate sample. In Boullion, G. Q. (Chair), *The Age of Anxiety: Exploring and Assessing Anxiety and Its Problematic Health Correlates*. Symposium presented at the 68th annual meeting of the Mississippi Psychological Association, Biloxi, MS.
9. *Witcraft, S. M., & **Dixon, L. J.** (2017, April). *Prescription opioid and anxiolytic use and trait characteristics of anxiety in an undergraduate sample*. Data Blitz presented at the 4th annual University of Mississippi Psychology Research Day, Oxford, MS.
8. *Sapp, B., **Dixon, L. J.**, Viana, A. G., Tull, M. T., & Collier, C. C. (2016, September). *An examination of the associations among socio-demographics, and stress, depression, and anxiety in pregnant women*. Poster presented at the annual meeting of the Mississippi Psychological Association at Bay St. Louis, Mississippi.
7. Brabec, C., Ciarloni, E. **Dixon, L.**, Wheelless, L., Montgomery, D., Tull, M., & Marshall, G. (2016, April). *Brief Behavioral Activation Intervention for Depressed Urticaria Patients*. Poster Presented at the University of Mississippi Medical Center, Department of Medicine Research Day.
6. Brabec, C., Ciarloni, E. **Dixon, L.**, Wheelless, L., Montgomery, D., Tull, M., & Marshall, G. (2016, March). *Brief Behavioral Activation Intervention for Depressed Urticaria Patients*. Poster presented at the UM/UMMC Research Day.
5. Khandker, S., **Dixon, L. J.**, Viana, A. G., Berenz, E., & Espil, F. (2015, September). *Anxiety sensitivity as a moderator of the relationship between posttraumatic stress disorder symptoms and deliberate self-harm in a sample of adolescent inpatients*. Poster session presented at the annual meeting of the Mississippi Psychological Association, Bay St. Louis, Mississippi.
4. **Dixon, L. J.**, Tull, M. T., Kimbrel, N., Weiss, N., & Gratz, K. L. (2014, May). *The conditional effects of emotion regulation and social anxiety predicting anger response*. Poster presented at the annual Neuroscience Research Day, University of Mississippi Medical Center, Jackson, Mississippi.
3. Rogers, S. M., **Dixon, L. J.**, Barreto, C. J., Farrell, H. J., Daniels, S. G., & Lewis, S. F. (2007, October). *Outdoor behavioral healthcare: A case demonstration of effectiveness*. Poster presented at the 54th Annual Convention of the Southeastern Psychological Association, Charlotte, NC.
2. Rogers, S. M., **Dixon, L. J.**, Barreto, C. J., Farrell, H. J., Lewis, S. F., Leen-Feldner, E. W., & Daniels, S. G. (2007, October). *Adolescent substance use and abuse: The role of gender and treatment-resistance*. Poster presented at the 54th Annual Convention of the Southeastern Psychological Association, Charlotte, NC.
1. Rogers, S. M., **Dixon, L. J.**, Barreto, C. J., Farrell, H. J., Lewis, S. F., Leen-Feldner, E. W., & Daniels, S. G. (2007, October). *Treatment-resistant adolescents: Outcome data from a promising therapeutic intervention*. Poster presented at the 54th Annual Convention of the Southeastern Psychological Association, Charlotte, NC.

WORKSHOPS AND TRAININGS

5. **Dixon, L. J.** (2018, October). *Navigating an Academic Career Path*. Mini-workshop provided for clinical psychology graduate students, University of Mississippi, Oxford, MS.
4. **Dixon, L. J.** (2017, September). *Leading DBT Skills Group Training*. Workshop series provided for clinical psychology graduate students, University of Mississippi, Oxford, MS.
3. Gratz, K. L., & **Dixon, L. J.** (2015, November). *Deliberate self-harm in youth: Myths and effective interventions*. Workshop provided for the French Camp Academy, Jackson, MS.
2. **Dixon, L. J.** (2015, June). *Brief behavioral activation for depression and anxiety*. Workshop provided for the Asthma and Allergy Clinic, University of Mississippi Medical Center, Jackson, MS.
1. 2013-2014 Mississippi Consortium Resident Class (2014, June). *Prolonged exposure*. Workshop provided for Mississippi State University, Starkville, MS.

TEACHING

2016 – present

Assistant/Associate Professor

Undergraduate Courses:

PSY 201: Honors Introduction to Psychology (15-16 students)

PSY 311: Psychopathology: Integrative Approaches (55 – 150 students)

Graduate Courses:

PSY 741: Ethics & Professional Issues/Interviewing (6–11 students)

PSY 723: Clinical Practicum (4-7 students; Clinical Supervision, Psychological Services Center)

PSY 721: Graduate Seminar in Dialectical Behavioral Therapy

2014 – 2016

Lecturer

Department of Psychiatry and Human Services, UMMC

Lectures: DSM-5 Anxiety Disorders, Research Methods,

Introduction to Cognitive Behavioral Therapy (PGY I & II)

2014 – 2015

Instructor

Department of Psychiatry and Human Services, UMMC

Courses:

Interviewing Skills (Year 1 Medical Students)

Group Therapy (PGY V Psychiatry Fellows)

Cognitive Behavioral Therapy for Children and Adolescents (PGY V Psychiatry Fellows)

2011 – 2013

Instructor of Record

Department of Psychology, UW

Courses:

Abnormal Psychology (twice)

Developmental Psychopathology

2008 – 2012

Teaching Assistant

Department of Psychology, UW

Courses: Introduction to Psychology, Research Methods, Cognitive

Assessment (Graduate), Abnormal Psychology, Drugs and Behavior
(web-based)

GRADUATE STUDENT MENTEES

Fall 2024	Shayon Tayebi
Fall 2024	Blaine Peters
2023 – present	Alexandra Freshley, UM Clinical Psychology Program
2022 – present	Taylor Strange, UM Clinical Psychology Program
2021 – present	Carey Sevier, UM Clinical Psychology Program
2020 – 2023	Lynn Hanna, UM Clinical Psychology Program
2019 – present	Heather L. Clark, UM Clinical Psychology Program
2018 – 2023	Molly J. Schadegg, UM Clinical Psychology Program
2018 – 2021	Gina Q. Boullion, UM Clinical Psychology Program
2017 – 2023	Megan M. Perry, UM Clinical Psychology Program
2016 – 2022	Sara M. Witcraft, UM Clinical Psychology Program

DISSERTATION COMMITTEES

2023 -	Chair Taylor Strange, UM Clinical Psychology Program <i>Examining stress, potentially traumatic events, posttraumatic stress disorder, and social support among individuals with skin disease symptoms.</i>
2023 -	Chair Heather Clark, UM Clinical Psychology Program <i>On developing a behavioral paradigm to measure intolerance of uncertainty: The Ambiguous Approach Index.</i>
2023 -	Committee Member Victoria McCutcheon, UM Clinical Psychology Program <i>Less Talk, More Action: Examining the Effects of a Novel Valued Living Intervention on Veteran Acculturation and Mental Health Outcomes.</i>
2023 -	Committee Member Lauren Thaxter, UM Clinical Psychology Program <i>Giving and receiving social support among individuals with migraine.</i>
2023 -	Committee Member Patric Leukel, UM Clinical Psychology Program <i>Loneliness and ambulatory blood pressure.</i>
2022 -	Committee Member Katelyn Sharpe, UM Clinical Psychology Program <i>Synchronous, Asynchronous, or Neither: Examining the effects of a single-session prevention program on student mental health.</i>
2022 -	External Committee Member Mahesh Acharya, UM Political Science <i>Mark my words: Measuring personality of global leaders.</i>
2022 - 2023	Committee Member Hannah Friedman, UM Clinical Psychology Program <i>The impact of maternal social anxiety on maternal responses to adolescent positive affect.</i>
2021 - 2023	Chair Megan Perry, UM Clinical Psychology Program <i>The influence of childhood emotional maltreatment and exclusion on distress among individuals with social anxiety symptoms.</i>

- 2021 – 2022** **Chair**
Molly Schadegg, UM Clinical Psychology Program
Transdiagnostic processes of generalized anxiety disorder: An experimental investigation evaluating the role of emotion regulation in uncertain contexts.
- 2020 – 2022** **Committee Member**
Tracy Protti, UM Clinical Psychology Program
Emotion regulation in migraine.
- 2020 – 2022** **Committee Member**
Victoria Torres, UM Clinical Psychology Program
Latent profiles of young adults based on E-cigarette outcome expectancies.
- 2020 – 2022** **Committee Member**
Molly Wickenhauser, UM Clinical Psychology Program
Optimizing exposure for contamination OCD: What happens when disgust is specifically targeted?
- 2020 – 2021** **Chair**
Sara Witcraft, UM Clinical Psychology Program
Do individuals with functional gastrointestinal symptoms experience emotions differently? An examination of emotional responding during a series of emotion induction tasks.
- 2019 – 2021** **Chair**
Gina Boullion, UM Clinical Psychology Program
Acceptability, anticipated adherence, and willingness to begin interoceptive exposure: Examination of the influence of a values rationale.
- 2019** **External Examiner**
Adur Thorisdottir, University of Regina, Regina, SK, Canada
Internet-delivered cognitive processing therapy for individuals with a history of bullying victimization: A randomized controlled trial.
- 2019 – 2020** **Committee Member**
Kristen Johnson, UM Clinical Psychology Program
Integrated psychological services in pediatric primary care: A program evaluation.
- 2018 – 2021** **Committee Member**
Marcela Weber, UM Clinical Psychology Program
The trajectory of resilience, coping strategies, and posttraumatic growth over time for female sexual assault survivors.
- 2018 – 2020** **Committee Member**
Anandi Ehman, UM Clinical Psychology Program
Do these violent delights have violent ends? Social Norms, alcohol, & sexual cyberbullying.
- 2018 – 2019** **Committee Member**
Yash Bhambhani, UM Clinical Psychology Program
I'm undesirable because I'm not White: Developing a scale to measure experienced sexual racism.
- 2017 – 2018** **Committee Member**
Yolanda Rodriguez, UM Clinical Psychology Program
Is it racism, colorism, or a pigment of your imagination? A study on the invisible color line.
- 2017** **Committee Member**
Bethany Aiena, UM Clinical Psychology Program
Meaning of life as a moderator of resilience and traumatic stress: A study of protective factors and sex differences in a sample of Mississippi coastal residents seeking mental health services after the Deepwater Horizon Oil Spill.

COMPREHENSIVE EXAM COMMITTEES

2020 – 2021	Committee Member Hannah Friedman, UM Clinical Psychology Program
2018 – 2019	Chair Sara Witcraft, UM Clinical Psychology Program
2019 – 2019	Committee Member Jeffrey Pavlacic, UM Clinical Psychology Program
2018 – 2018	Committee Member Marcela Weber, UM Clinical Psychology Program

MASTER'S THESIS COMMITTEES

2023	External Examiner Blake Boehme, University of Regina Clinical Psychology Program <i>Psychopathology and comorbidity in public safety personnel: A network analysis.</i>
2023 -	Committee Member Leila Sachner, UM Clinical Psychology Program <i>The Effects of Validating and Invalidating Responses on Self-Reported Levels of Anxiety.</i>
2023	Chair Carey Sevier, UM Clinical Psychology Program <i>Social anxiety and engagement in risky behaviors: Exploring the role of emotion regulation.</i>
2022 - 2023	Committee Member Katherine Lucas, UM Clinical Psychology Program <i>Transitioning from military to civilian life: An examination of acculturation in veterans previously deployed to warzones.</i>
2022 -	Committee Member Kaycee Hopper, UM Clinical Psychology Program <i>The interaction between anxiety sensitivity and sleep in relation to alcohol use among college students.</i>
2022 -	Committee Member Bianca Lewis, UM Clinical Psychology Program <i>Trait forgiveness and trait anger: Links with 24-hour ambulatory blood pressure.</i>
2021 – 2022	Committee Member Victoria McCutcheon, UM Clinical Psychology Program <i>Meaning, purpose, and psychological Distress: An exploration of potential factors affecting Veteran psychological adaptation in civilian life.</i>
2021 – 2022	Committee Member Lauren Thaxter, UM Clinical Psychology Program <i>COVID-19 and headache-related disability.</i>
2021 – 2022	Committee Member Halle McCracken, UM Clinical Psychology Program <i>Headache and psychological variables as predictors of disability in individuals with primary headache disorders.</i>
2020 – 2021	Committee Member Patric Leukel, UM Clinical Psychology Program <i>The influence of emotion regulation and family involvement on diabetes distress among adults with type 2 diabetes.</i>
2020 – 2021	Committee Member Hannah Friedman, UM Clinical Psychology Program

- The role of social anxiety in prosocial behavior following exclusion.*
2019 – 2020 **Chair**
 Megan Perry, UM Clinical Psychology Program
Understanding social anxiety symptoms through interpersonal emotion regulation strategies.
- 2019 – 2019** **Committee Member**
 Alexandra Gilbert, UM Clinical Psychology Program
Factors related to obsessive-compulsive symptoms: Understanding the contribution of disgust, contamination fear, and emotion regulation.
- 2018 – 2019** **Committee Member**
 Molly Wickenhauser, UM Clinical Psychology Program
Going to BAT: Assessing disgust sensitivity and related factors in behavioral avoidance.
- 2018 – 2019** **Committee Member**
 Jeffery Pavlacic, UM Clinical Psychology Program
Meaning, purpose, and experiential avoidance as predictors of valued behavior: An application of ecological momentary assessment.
- 2018 – 2019** **Committee Member**
 Brittany Sapp, UM Clinical Psychology Program
Emotion Regulation as a Predictor of Pediatric Obsessive-Compulsive Symptoms.
- 2017 – 2018** **Chair**
 Sara Witcraft, UM Clinical Psychology Program
Nonmedical use of prescription drugs among young adults: An examination of anxiety sensitivity, distress tolerance, and negative urgency.

SUPERVISION OF UNDERGRADUATE RESEARCH AWARDS

- 2020** **Advisor**
 Carson Schmitz, UM Psychology Major
 UM Summer Undergraduate Research Fellowship
Race and anxiety as predictors of e-cigarette use in college and community samples.

UNDERGRADUATE HONORS THESIS COMMITTEES

- 2024 – 2025** **Director**
 Madeline Harris
 Madeline Mueller
 Marissa Matallah
- 2023 – 2024** **Director**
 Sophie Pitts
 Jenna Villiger
- 2022 – 2023** **Director**
 Mary Katherine Bishop
Examining the relationship between misophonia and depression.
 Ruth-Emmon Tyson
The relationship between coping behaviors and misophonia symptom severity and impairment.
 Lara Fair
Analyzing the unique role of repetitive negative thinking on insomnia in college students.
Reader

- 2021-2022
- Kaylan Melvin (Psychology), Magnolia Livingston
(Communication Sciences and Disorders)
Director
Ryann Holman, Psychology Major
The role of prenatal anxiety sensitivity on postpartum anxiety and depression.
Lauren Elmore, Psychology Major
Anxiety at the beginning of the COVID-19 pandemic: Associations with health anxiety, COVID-19 anxiety, and preventative behaviors.
Whitney Sheperd, Psychology Major
The relationship between the contrast avoidance model and dysfunctions of generalized anxiety disorder.
Kristin Barrett, Psychology-English-Biology Major
The relationship between PTSD-related symptoms and skin disease symptom severity in a dermatological sample.
- 2020-2021
- Director**
Carson Schmitz, Psychology Major
Examining race and anxiety sensitivity as predictors of electronic cigarette use and dependence.
Reader
Victoria Green, Pharmacy Major
Emotion regulation among adults with asthma: Links with short-acting inhaler medication overuse and utilization of acute medical care.
Aileen Jimenez, Pharmacy Major
Social environmental changes during COVID-19 quarantine.
Trevon Echoles, Psychology Major
The relationship between psychological flexibility and friendship quality in college students.
- 2019 – 2020
- Director**
Dasha Grace, Psychology Major
Examination of sleep disturbance, anxiety sensitivity, and depression in an undergraduate sample.
Sarah Berry, Engineering and Pre-Med Major
An assessment of acne, stress, and psychological symptoms in college students: A daily diary study.
Lindsay Sappington, Psychology Major
Through the screen: Examining peer relationships, social anxiety, loneliness, and social media in undergraduates.
Reader
Emily Haupt, Psychology Major
High grades and drugs? An analysis of prescription drug misuse and motivations among honors and non-honors college students.
- 2018 – 2019
- Director**
Lauren Ellison, Psychology Major
It's not just "skin deep": Social anxiety and anxiety sensitivity in adults with psychodermatological disorders.
Greyson Young, Psychology Major
Examination of communication and social media usage among socially anxious individuals.
- 2017 – 2018
- Director**
Sydney Olson, Psychology Major
Examination of dental distress and anxiety-related vulnerability factors.
Reader
Madison Bandler, Bioethics Major

Attitudinal changes in experiential learning via poverty simulation.

EDITORIAL AND REVIEW ACTIVITIES

2024	Associate Editor <i>Journal of Anxiety Disorders</i>
2021	Committee Member Misophonia Tools Advisory Committee Milken Institute Center for Strategic Philanthropy
2020 – 2021	Committee Member Misophonia Consensus Committee Milken Institute Center for Strategic Philanthropy
2020 – present	Self-Help Recommendations Committee Association for Behavioral and Cognitive Therapies
2019 – present	Reviewer – Program Committee Association for Behavioral and Cognitive Therapies
2018 – 2020	Division 53 Conference Reviewer American Psychological Association, <i>Society of Clinical Child and Adolescent Psychology</i> (Division 53)
2018 – present	Editorial Board Member <i>Journal of Anxiety Disorders</i>
2017 – present	Editorial Board Member <i>Journal of Contextual Behavioral Science</i>
2015 – present	Ad hoc Reviewer <i>Anxiety, Stress, and Coping</i> <i>Behavior Therapy</i> <i>Behaviour Research and Therapy</i> <i>Child and Youth Care Forum</i> <i>Child Psychiatry & Human Development</i> <i>Clinical Psychology Review</i> <i>Clinical Psychologist</i> <i>Cognitive Behaviour Therapy</i> <i>Cognitive Therapy and Research</i> <i>Current Psychiatry Review</i> <i>Journal of Adult Development</i> <i>Journal of Anxiety Disorders</i> <i>Journal of Behavior Therapy and Experimental Psychiatry</i> <i>Journal of Cognitive Psychotherapy</i> <i>Journal of Contextual Behavioral Science</i> <i>Journal of General Psychology</i> <i>Journal of Neurology, Neurosurgery, & Psychiatry</i> <i>Journal of Nervous and Mental Disease</i> <i>Journal of Personality Assessment</i> <i>Journal of Psychiatric Practice</i> <i>Journal of Psychosomatic Research</i> <i>Journal of Rural Mental Health</i> <i>Journal of Substance Abuse Treatment</i> <i>Mental Health and Physical Activity</i> <i>Personality and Individual Differences</i> <i>Personality Disorders: Theory, Research, and Treatment</i> <i>PLOS One</i> <i>Political Psychology</i> <i>Psychiatry Research</i> <i>Scandinavian Journal of Psychology</i>

ACADEMIC SERVICE

2023 – present	Member, Diversity Committee, UM Psychology Department
2023 – present	Member, Speakers Committee, UM Psychology Department
2022	Chair, Search Committee for Tenure-Track Faculty position in Clinical Psychology
2021 – 2021	Member, Ad hoc Policy Committee on Graduate Student Hiring
2018 – 2-23	Faculty Advisor, Ole Miss Psychology Club
2017 – 2023	Communications Committee Chair, Psychology Department, UM
2016 – 2023	Communications Committee, Psychology Department, UM
2017 – 2018	Faculty Advisory Committee, Psychology Department, UM
2011 – 2012	Faculty Meeting Student Representative, UW
2010 – 2011	President, Clinical Graduate Student Association, UW
2010	Interview Weekend Coordinator, UW

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies
Anxiety and Depression Association of America

PREVIOUS ACADEMIC AND CLINICAL POSITIONS

2014 – 2015	Clinical Supervisor Department of Psychiatry and Human Behavior, UMMC Cognitive-Behavioral Therapy Rotation (PGY III Residents) Supervisors: Matthew Tull, Ph.D., Kim Gratz, Ph.D.
2012- 2013	Campus Suicide Prevention Coordinator Garrett Lee Smith Memorial Suicide Prevention Program Grant, University Counseling Center, UW
2008 – 2013	Therapist UW Psychology Clinic & Tele-health Services Supervisors: Brett J. Deacon, Ph.D., Cynthia M. Hartung, Ph.D., Matt Gray, Ph.D., Heidemarie K. Laurent, Ph.D., & Carolyn Pepper, Ph.D.
2011	Lead Counselor Summer Treatment Program for Adolescents, Florida International University, Center for Children and Families, Miami, FL Supervisors: William Pelham, Ph.D., Margaret Sibley, Ph.D.
2010	Psychological Trainee Cheyenne Veterans Affairs Medical Center, Cheyenne, WY Supervisor: Tanya Tom, Ph.D.
2009 – 2010	Psychological Evaluator Primary Care Mental Health Screener Research Grant, UW Supervisor: Cynthia Hartung, Ph.D.
2009	Psychology Mentor Summer Research Apprenticeship Program, UW
2006 – 2008	Primary Research Coordinator Aspen Education Groups Residential Group Treatment Prospective Program Evaluation, University of Arkansas

Principal Investigator: Ellen W. Leen-Feldner, Ph.D.

REFERENCES

Available upon request.